

20 Things People Say or Do to Make You Feel Bad for Having a History of CSEC

By Anonymous CSEC

1. A Person can start whispering to their friend or a person next to them when you enter somewhere such as if you get on the bus and everybody turns and looks at you and then someone starts whispering.
2. A person or a crowd bursts into laughter and points at you when they see you.
3. A person could call you all types of names such as “whore,” “ho,” “bitch,” depending on what type of situation you were in and all of those words can make you feel really bad about yourself sometimes.
4. People can be disrespectful and spread rumors about you and lies to make the situation even worse than it is.
5. Your family could turn their back on you and treat you different because of all the stuff you’ve been through in your past and that can make you feel really bad.
6. Certain people can discriminate against you and no matter what it’s against the law to discriminate anybody and that can make you feel really angry and bad at the same time.
7. Say you were a sexually exploited youth and a couple of people find out and call it prostituting such as your family and you ate off certain plates and used certain bathrooms. They could act real funny and not want to use the same dishes or bathrooms you use.
8. Your close friends can start acting funny towards you and not tell you the reason why and you will feel like they turned their backs on you. That will hurt really bad especially if they are your close friends.
9. Your family and friends could start trying to misuse and manipulate you and that could hurt you mentally.
10. Say you were raped and you told a couple of people that you thought was gonna comfort you and y’all fell out, they can throw in your face “at least I ain’t getting raped” and they don’t know what it feels like to be raped but yet they throw it in your face.
11. Your boyfriend can break up with you because of the stuff you been through in your past. He can disagree and think that you are scandalous and break up with you and that can really hurt you if you been with that guy a long time.
12. People can start neglecting you such as: no longer speak to you, don’t wanna be seen with you, don’t wanna sit/stand next to you.
13. Your teachers can also start to treat you different than others and that’s just wrong but it will and can hurt you real bad.

14. People can say you lying about everything you been through in your life like saying how you were raped over and over again. They can start believing the other person over you and that can hurt really bad.

15. Say you get pregnant at a young age and everybody said that they would be there and end up turning their back on you. They could pretend like everything's fine and dandy but behind your back sayin' bad things about you and that really hurts when they say they gonna be there and don't.

16. You can have people wanting to be your friend or a boy to be your boyfriend for all the wrong reasons.

17. Boys can try and get with you because they feel you are easy to get with them because you been through a lot in the past and if you turn them down they can call you all types of names.

18. People can think that you're the problem every time something happens no matter who's there and what happens they can always blame it on you just because of your past.

19. Certain jobs may not wanna hire you because of your past and what happen and what you have been through.

20. Lastly, people can always misuse and abuse you mentally and physically, and always have grudges against you.

But, it's up to you to keep your head up and don't let none of these 20 things keep you down. Stay proud and ahead and you will get far...